



Behavioral Health Older Adult System of Care

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- The intent is to always deliver a system of care that meets the needs of older adults (age 59+) with severe mental illness in a manner that provides the highest benefit to the client, family and community.
 - This is done in a variety of ways, such as:
 - Taking the service to the client's and family's natural environment
 - Maintaining clients in their own independent housing or with family whenever possible
 - Partnering with other DBH and County providers
 - Partnering with Community providers

Department of Behavioral Health (DBH):

- **Age Wise I and Age Wise II** (Field Based Specialty Services for High Risk Seniors)
- Outpatient Clinic Services
- Crisis Services
- Senior Centers

Contract Providers:

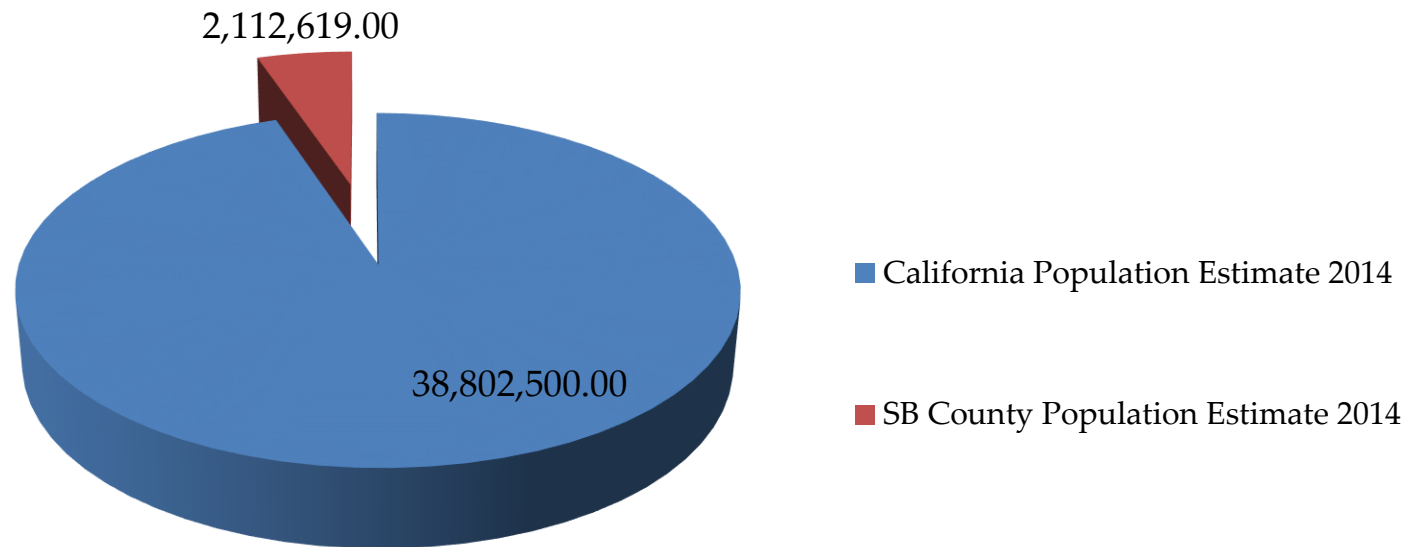
- Behavioral Health Prevention, Education and Treatment
- Senior Peer Counselors (Focus is on Suicide Prevention)

Department of Aging and Adult Services (DAAS):

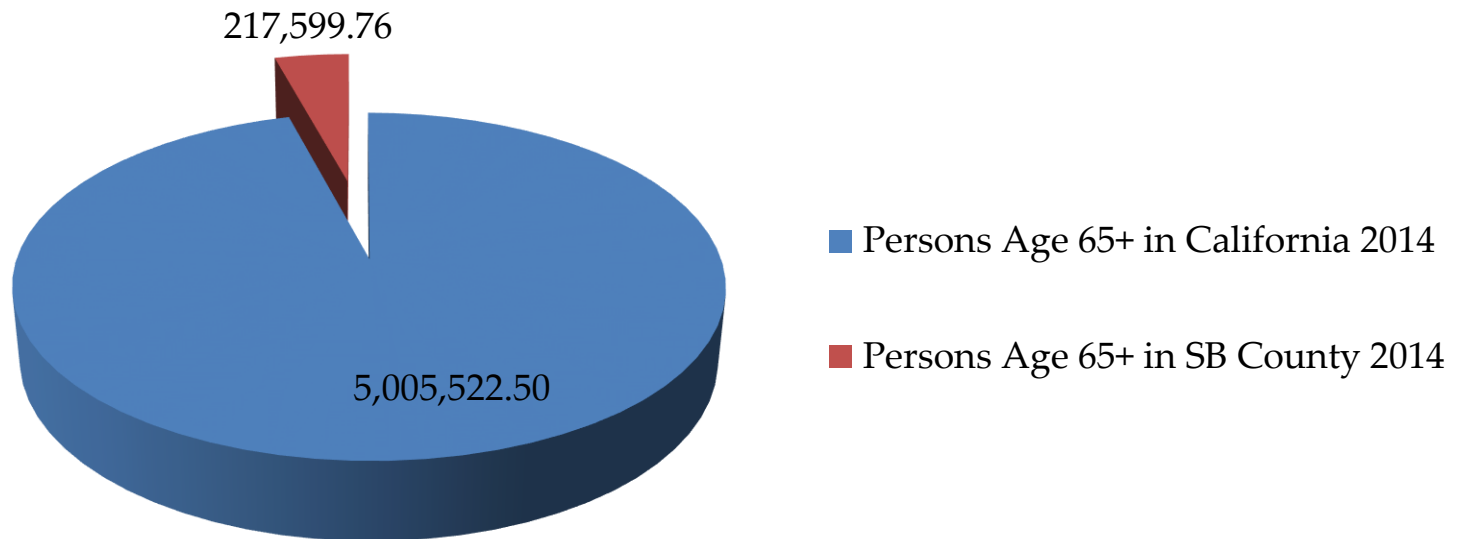
- Adult Protective Services
- In Home Support Services

■ 2014 Population Estimates

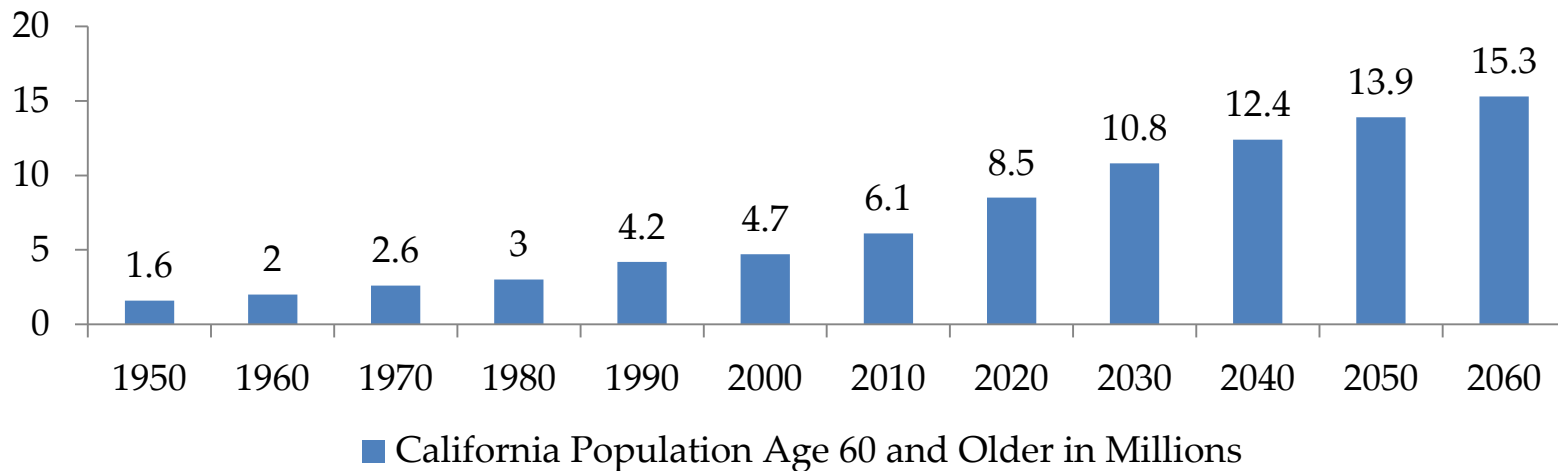
- SB County Population was approximately 5.4% of the entire state's population. Data Source: <http://quickfacts.census.gov/qfd/states/06/06071.html>



- 2014 Population Estimates for those age 65+
 - SB County Population of persons aged 65+ was approximately 10.3% of the entire county's population.
 - Statewide, persons aged 65+ make up approximately 12.9% of the entire state's population. Data Source: <http://quickfacts.census.gov/qfd/states/06/06071.html>



Elderly Population Growth Projection

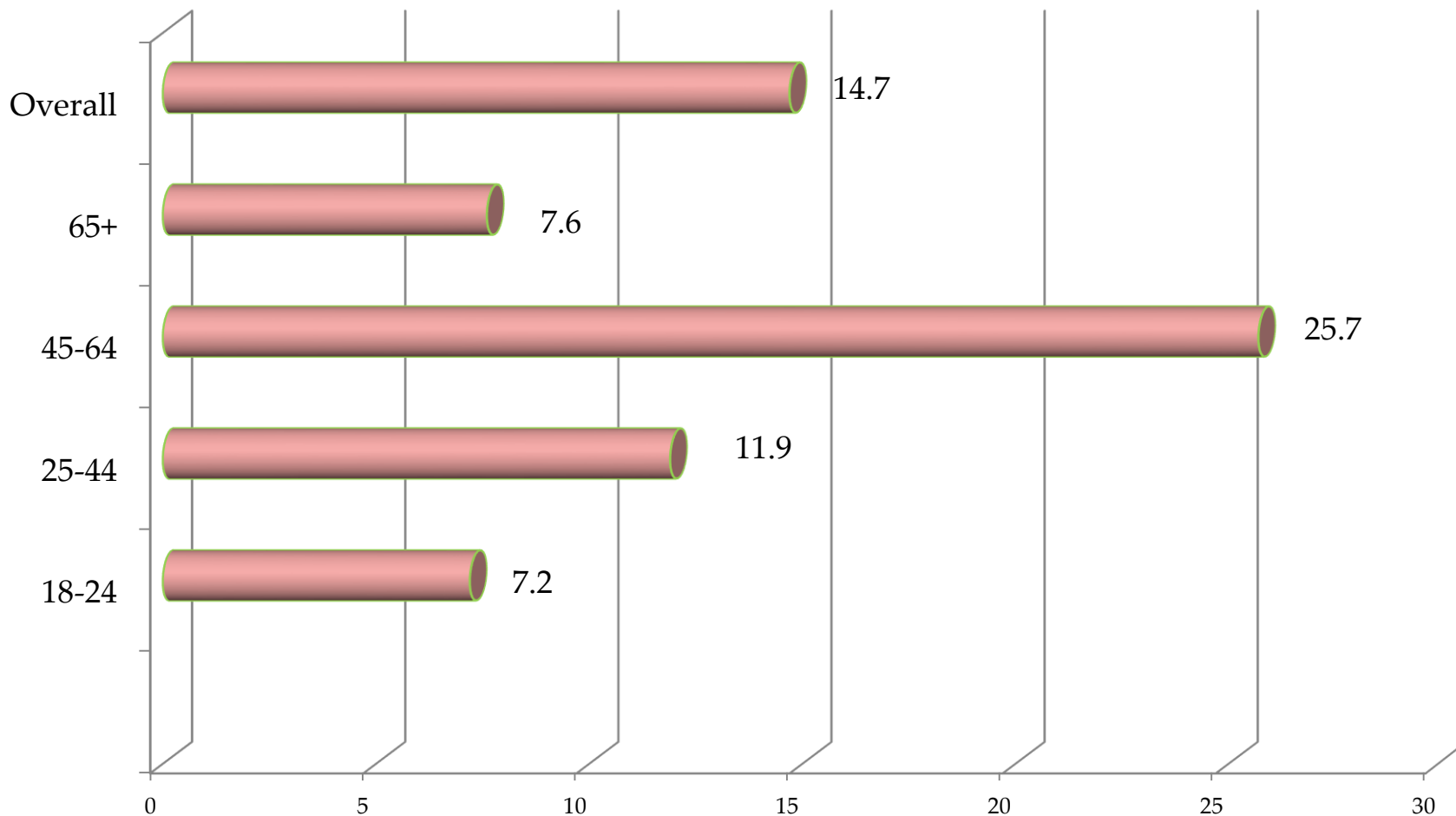


“Since 2000, California’s population of persons 60 and older has grown rapidly. Between 1950 and 2000, the number of older adults in this State grew from 1.6 million to 4.7 million, an increase of 194 percent. This trend will continue as the number of people age 60 and over grows to 13.9 million by 2050, an increase of 128 percent from 2010. By 2050, it is estimated that over 25 percent of Californians will be 60 or older.”

Data Source: California State Plan on Aging 2013 2017 Draft which can be found at www.aging.ca.gov

Adults Needing Help With Mental, Emotional or Substance Use Problems by Age in SB County (2014) by Percentage of Total County Population

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Data Source: <http://www.healthysanbernardinocounty.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=19192159>

- “In 2002, the annual suicide rate for persons over the age of 65 was over 15 per 100,000 individuals; this number increases for those aged 75 to 84, with over 17 suicide deaths per every 100,000. The number rises even higher for those over age 85. Further, elder suicide may be under-reported by 40% or more. *Not counted are "silent suicides," like deaths from overdoses, self-starvation or dehydration, and "accidents."* The elderly have a high rate of completing suicide because they use *firearms, hanging, and drowning*. Double suicides involving spouses or partners occur most frequently among the aged.”

Date Source: http://www.aamft.org/iMIS15/AAMFT/Content/Consumer_Updates/Suicide_in_the_Elderly.aspx

- **Individual Therapy** for Tier III* clients **in their homes or other field locations that provide ease of access** for the clients who may have mobility, transportation or other issues*
- **We have a specialty, though not exclusive, focus on:**
 - ***Treating those who have been in long term locked facilities or on conservatorship**
 - ***Helping stabilize those who are in danger of being placed on conservatorship and at IMD's or state hospitals**
- Medication for mental health needs
- Case management for items related to mental health
 - Examples of what **MAY** be provided:
 - Linkage to clothing and transportation resources
 - Linkage to a PCP or specialized medical services
 - Assistance in applying for SSI or other entitlements

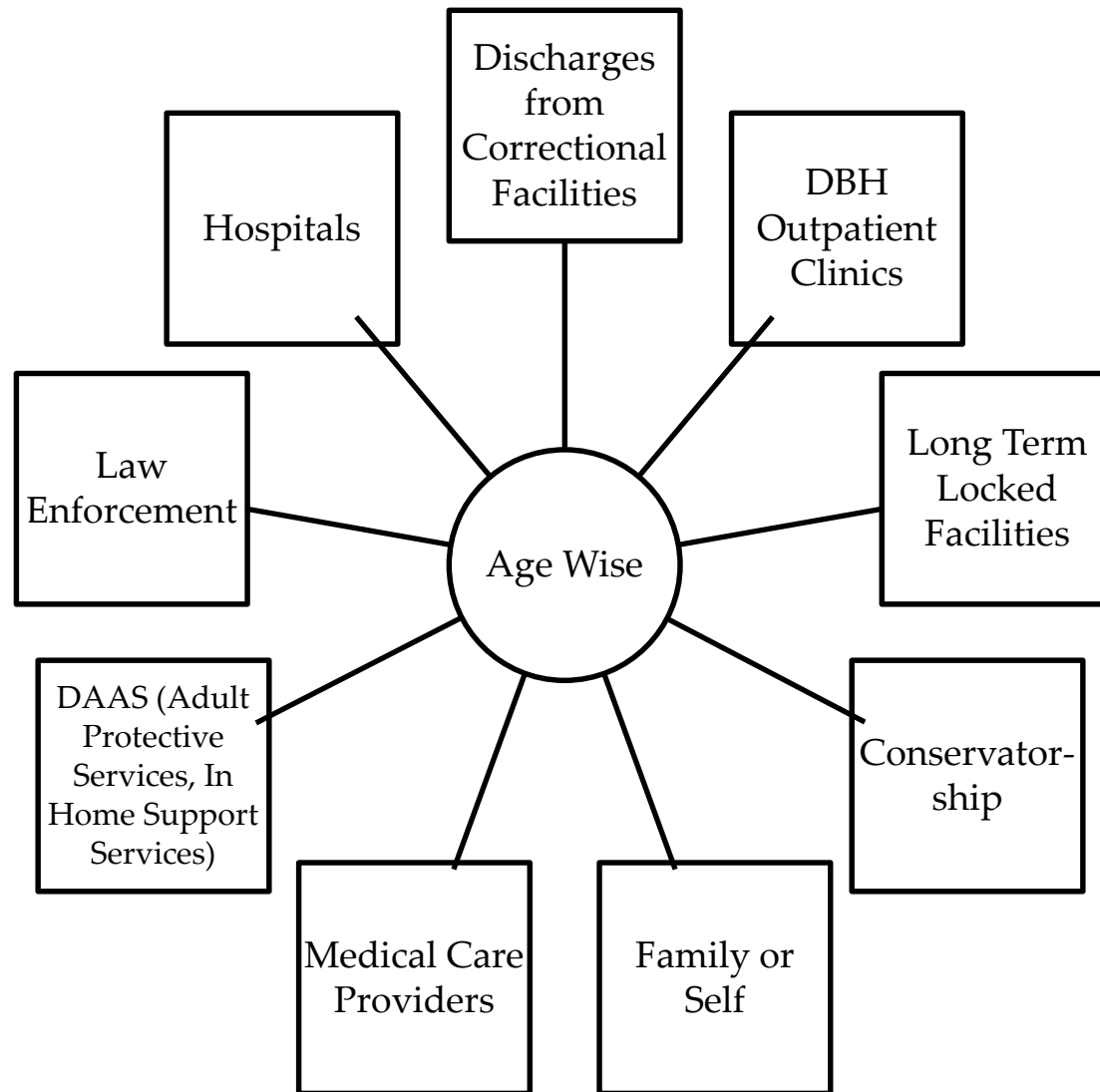
- Examples of what **IS NOT** provided (by DBH but our Occupational Therapist makes linkages and referrals for such services):
 - Mobility equipment (wheelchairs, scooters, walkers, etc.)
 - Payment for various bills (medical, dental, utilities, etc.)
 - Regular transportation
- A limited number of our clients are without appropriate housing and may qualify for a DBH subsidized apartment.
 - We currently have 2 apartment complexes with which we work:
 - The Magnolia at 9th in San Bernardino (10 units)
 - Vintage at Kendall in San Bernardino (20 units)

*Future sites in Bloomington (9 units) and Yucaipa (10 units) will expand this service to DBH older adult clients in need.

- As a result of their mental health, the individual has a significant impairment in one or more areas of functioning:
 - Health/Self-care/Housing
 - Occupation/Education
 - Legal
 - Managing Money
 - Interpersonal/Social
- Currently at risk of violence or suicide
- Experiencing psychotic features not secondary to substance use

- Differentiating (with assistance of medical personnel) mental health from physical health symptoms that may mimic one another
- Helping them cope with:
 - Losses (death, sensory, income, etc.)
 - Changing or re-defining role(s)
 - Relationship with family members
- Acceptance of their situation which may include needing to move to supportive housing (and bringing family members along through education and/or family therapy)

Examples of Referral System Partners for Age Wise I & II



- Exterior Commons



- Typical apartment



- Exterior commons



- Typical apartment





Horizons at Yucaipa

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Age Wise I & II

- Phone Number (800) 451-5633
- 850 E Foothill Blvd, Rialto CA 92376
(Age Wise I)
- 11951 Hesperia Rd, Hesperia CA 92345
(Age Wise II)

Peer Counselor Service Providers

Agency	Region(s) to be Served
Family Service Association 21250 Box Springs Rd., Moreno Valley, CA 92557 951-275-5055 x 281 or 951-686-1096	Desert, Central, and East
Lutheran Social Service 41945 Big Bear Blvd. #200, Big Bear Lake, CA 92315 909-878-3228	Mountain – Big Bear side
Rim Family Services, Inc. 28545 CA-18, Skyforest, CA 92385 909-336-1800	Mountain – Lake Arrowhead side
West End Family Counseling 855 N. Euclid Ave., Ontario 91762 909-983-2020	West Valley

■ Apple Valley Senior Club	13188 Central Road	Apple Valley, CA 92308	(760) 247-3155
■ Barstow Senior Citizens Club	555 Melissa Avenue	Barstow, CA 92311-3031	(760) 256-5023
■ Big Bear Valley Senior Center	42651 Big Bear Blvd.	Big Bear Lake, CA 92315	(909) 584-0323
■ Bonnie Baker Senior Citizens Club	149350 Ukiah Trail	Big River, CA 92242	(760) 665-2667
■ Bloomington Senior Center	18317 Valley Blvd.	Bloomington, CA 92316	(909) 546-1398
■ Chino Senior Center	13170 Central Avenue	Chino, CA 91710	(909) 591-9836
■ Chino Hills Community Center	14250 Peyton Drive	Chino Hills, CA 91709	(909) 364-2700
■ Hutton Senior Center	660 Colton Avenue	Colton, CA 92324	(909) 370-6168
■ Luque Senior Center	292 East "O" Street	Colton, CA 92324	(909) 370-5087
■ Crest Forest Senior Citizens Club	24658 Sam Moritz Drive	Crestline, CA 92325	(909) 338-5036
■ Mountain Senior Nutrition Lunch	24640 Sam Moritz Drive	Crestline, CA 92325	(909) 338-5036
■ El Mirage Senior Club	1488 Milton	El Mirage, CA 92301	(760) 388-4429
■ Dino Papavero Senior Center	16707 Marygold Avenue	Fontana, CA 92335	(909) 350-0575
■ Fontana Community Senior Center	16710 Ceres Avenue	Fontana, CA 92335	(909) 854-5151
■ George White Senior Center	8565 Nuevo Avenue	Fontana, CA 92335	(909) 770-8173
■ Grand Terrace Senior Center	22627 Grand Terrace Road	Grand Terrace, CA 92313	(909) 824-1491
■ Hesperia Senior Center	9333 "E" Avenue	Hesperia, CA 92340	(760) 244-5488
■ Hesperia Leisure League	9122 Third Avenue	Hesperia, CA 92345	(760) 244-3223
■ Highland Senior Center	3102 E. Highland Avenue	Highland, CA 92346	(909) 862-8104

Senior Centers, Continued

■	Joshua Tree Community Center	6171 Sunburst	Joshua Tree, CA 92252	(760) 366-2471
■	Loma Linda Senior Center	25571 Barton Road	Loma Linda, CA 92354	(909) 799-2820
■	Lucerne Valley Senior Club	10431 Allen Way	Lucerne Valley, CA 92356	(760) 248-2248
■	Lytle Creek Senior Center	14082 Center Rd	Lytle Creek, CA 92358	(909) 880-8659
■	Mentone Senior Center	1331 Opal Avenue	Mentone, CA 92359	(909) 794-5280
■	Montclair Senior Center	5111 Benito Street	Montclair, CA 91763	(909) 625-9483
■	Morongo Valley Community Center	11165 Vale	Morongo Valley, CA 92256	(760) 363-6547
■	Needles Senior Center	1699 Bailey Avenue	Needles, CA 92363	(760) 326-4789
■	Ft. Mohave Tribal Senior Nutrition	700 Harrison	Needles, CA 92363	(760) 629-2371
■	Newberry Springs Center	33383 Newberry Road	Newberry Springs 92365	(760) 257-3284
■	Ontario Senior Center	225 East "B" Street	Ontario, CA 91764	(909) 395-2021
■	Phelan Senior Club	9463 Sheep Creek Road	Phelan, CA 92371	(760) 868-8067
■	Pinon Hills Senior Club	10433 Mountain Road	Pinon Hills, CA 92372	(760) 868-8637
■	James L. Brulte Senior Center	11200 Baseline Road	Rancho Cucamonga, 91701	(909) 477-2780
■	Joslyn Senior Center	21 Grant Street	Redlands, CA 92373	(909) 798-7550
■	Redlands Community Senior Center	111 W. Lugonia	Redlands, CA 92373	(909) 798-7579

Senior Centers, Continued

■	Rialto Senior Center	1411 S. Riverside Avenue	Rialto, CA 92376	(909) 877-9706
■	Hootman Senior Citizens Center (a few hours/ week)	2929 School Road	Running Springs 92382	(909) 337-7275
■	Delmann Heights Senior Center	2969 N. Flores	San Bernardino, CA 92405	(909) 887-2115
■	Perris Hill Senior Center	780 E. 21st Street	San Bernardino, CA 92404	(909) 384-543
■	5th Street Senior Center	600 W. 5th Street	San Bernardino, CA 92410	(909) 384-5430
■	Trona Community Senior Center	13187 Market Street	Trona, CA 93562	(760) 372-5889
■	Twenty Nine Palms Senior Center	6539 Adobe Road	Twenty Nine Palms 92277	(760) 367-3891
■	Mountain Communities Center	675 Grandview Road	Twin Peaks, CA 92391	(909) 337-1824
■	George M. Gibson Senior Center	250 N. Third Avenue	Upland, CA 91786	(909) 981-4501
■	Victorville Senior Citizens Club	14874 Mojave Road	Victorville, CA 92392	(760) 245-5018
■	Yucaipa Senior Center	12202 First Street	Yucaipa, CA 92399	(909) 797-1177
■	Morongo Basin Senior Center	57121 Sunnyslope Drive	Yucca Valley, CA 92284	(760) 365-9661
■	Yucca Valley Senior Center	57088 29 Palms Highway	Yucca Valley, CA 92284	(760) 228-5453

Data Source: <http://hss.sbcounty.gov/DAAS/docs/SeniorCenterPhoneList.pdf>

Thank you for your time and support!